



LANCER

FOOTBALL MONTHLY

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Volume 2 Issue 13**

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2019 Football Schedule

- 8/13 H Scrim- West Musk.
- 8/17 H Scrim- Liberty Union
- 8/23 A Scrim- Crooksville
- 8/30 A Riverview
- 9/6 H Fairfield Union
- 9/13 H Wellston
(Military Night)
- 9/20 A Northridge
- 9/27 H Heath
(Homecoming)
- 10/4 A Licking Valley
- 10/11 H Licking Heights
(Youth Night)
- 10/18 A Granville
- 10/25 H Watkins Memorial
(Senior Night)
- 11/1 A Utica

#DMWL

LANCERS ASSIST WITH EASTER EVENT



In collaboration with the LHS Cheerleaders, twelve Lancer football players supported the annual community Easter Egg hunt at Calhoun Memorial Field. Players assisted with placement of the eggs and helping children during the egg hunt. Players also placed 10 ELITE stickers in random eggs.

Students who found ELITE eggs will get free admission for both student and parents for a Lancer football experience this fall, they include: Boston Lester (Kindergarten), Braxton Morgan (2nd Grade), Reese Blaha (1st Grade) and Andrew Remias (3rd Grade).

Football players who assisted with event included: **Jake Cassady, Zeb Mansker, Jacob Ellinger, Shawn Six, Ryan Hammon, Ryan Ogilbee, Kevin Haines, Jacob Gleckler, Colt Flowers, Mark Waters, Josiah Ellinger and Brandon Peters.**

PLAYER & PARENT ORIENTATION MAY 31



Parent & Player Orientation for the 2019 Football season will be Friday **May 31st from 6:00-7:30** in the High School Auditorium.

This meeting originally scheduled for May 23rd

is a mandatory meeting for anyone interested in player football this fall for the Lancers in grades 9-12. Please contact Coach Lee if you have prior arrangements that conflict with this date. At least 1 parent should attend meeting with a player.

The meeting will cover program and summer calendar, expectations, updates, fundraisers, physicals, player-of-season recognition and OHSAA information.

All needed football and school related paperwork will be available at this meeting as well.

2019 LIFT-A-THON SET FOR MAY 30TH



FOOTBALL

2019 Lift-a-Thon

The Lancer Lift-a-Thon is both a test day for our athletes that assists with summer workout planning as well a fundraiser for our future football training facility in the LAC (Lancer Athletic Complex). You can sponsor a player three different ways: Per Pound, Business Sponsor or Donation. The event will tentatively take place on Thursday June 6, 2019. Date may change based on Track & Baseball schedule changes.

Lakewood Alma Mater

As voices ring out bright with cheer

We hear our Lakewood loud and clear

We feel the peoples' unity

Their shouts express their loyalty

As time rolls on in golden haze

We'll remember high school days

We will try to do our best

For our dear old L. H. S.

Per Pound- Allows you to pledge money towards the amount a player totals on three lifts. Bench Press, Squat & Deadlift. Payment would be made after the completion of the event.

Per Pound Example

You Pledged: .02 per pound for the athlete

Athlete Totals:

Bench- 225lbs Squat- 300 Dead Lift-400 Total = 925lbs
925 X .02 = \$18.50 would be your donation to the athlete

Business Sponsor- Allows a business owner to advertise at the event. Three different levels of sponsorship are available. Tax-Write documentation available for sponsorship. Payment would be made prior to the Lift-A-Thon.

Blue Sponsor- \$200.00 - Company Name & Logo at Lifting Station
Company Name & Logo front cover of program
Sponsor Certificate
Lancer Tumbler

Red Sponsor- \$100.00- Company Business Card Info in Program
Sponsor Certificate

White Sponsor-\$50.00- Sponsor Certificate

Donation- Provides an opportunity to support the lift-a-thon with a donation of any amount without pledging the athlete per pound. Payment would be made prior to the Lift-A-Thon.

LANCERS HONOR LOCAL VETERANS



The Lancer Football team continued an annual tradition by placing flags at local four cemeteries for veterans. In preparation for Memorial Day. Cemeteries included Jacksontown, Hebron, Licking & Fairmount. Players were responsible for identifying headstones that needed a flag and replacing old flags.

Twelve players participated in the May 3rd event, they included: **Brandon Peters, Jake Cassady, Colt Flowers, Zeb Mansker, Andrew Rafferty, Mark Waters, Jacob Gleckler, Nick Wessinger, Robby Taylor, Kevin Haines, & Ryan Hammon.**

Licking Memorial Offering Free Physicals



Middle and High school students in Licking County entering grades 7-12 are invited to attend LMHS' Sports Screening Program at no cost.

Dates for the screenings are available in May. Registration is required in advance and

limited to the first 80 participants each night of the program.

To register visit lmhealth.org. After registering, you will be redirected to a packet of forms that must be printed out and completed prior to your arrival at the Sports Screening Program.

Additionally, any student who requires a sports physical must provide a completed OHSAA pre-participation physical evaluation form, a PrivIT profile, or your schools equivalent—signed by a parent or guardian-at the time of check-in.

MANDATORY HELMET FITTING JUNE 1ST



Helmet fittings for both Junior High (7th & 8th) grade and High School players in

grades 9-12 will be conducted on **Saturday June 1st beginning at 9:30 a.m. at the Lakewood Athletic Complex (Blue Building).**

A representative from Riddell Sports will be conducting the fittings. All players must be fitted by a trained professional before a they can wear a helmet in practice or any contest.

Players at both the Junior High and High

School level must be fitted on this date unless prior arrangement has been made with Coach Lee.

Helmets for the 2019 season will first be worn by both levels at the June 3-5 mini camp where all grades 7-12 will participate together.

LANCER FIGHT
SONG

On ye Lancers, On ye Lancers

On to victory

Show your spirit, show your courage

Show your loyalty

On ye Lancers, On ye Lancers

Fight with all your might

We're behind you all the way

So fight, fight, fight!

Lakewood High School Football

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FOOTBALL

Check us out on Twitter.....
@CoachLeeLW



May Lancer Birthdays

May 5th – Alex Pletcher

May 6th – Sully Sparks

May 16th – Trace Ford

May 29th – Kevin Haines



SUN	MON	TUE	WED	THU	FRI	SAT
			01	02	03	04
			Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	Off	Community Ser-vice #4 Honor Flags 9:00-11:00
05	06	07	08	09	10	11
	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.		Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	Off	Football Field Workouts 10:00-11:30 (Stadium)
12	13	14	15	16	17	18
	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.		Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	Off	Football Field Workouts 10:00-11:30 (Stadium)
19	20	21	22	23	24	25
Leadership Council Meeting #4 Pappy's Grill 1:00	Football Workouts 2:45-4:15 p.m.	Off	Football Workouts 2:45-4:15 p.m.	Students Last Day Off	Off	Football Field Workouts 10:00-11:30 (Stadium)
26	27	28	29	30	31	1
Graduation 2019 2:00 P.M.	Memorial Day Off	Off	Off	Off	Player Orientation 6:00-7:30	Helmet Fittings 9:30 a.m.