



# LANCER

## FOOTBALL MONTHLY

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### 2018 Football Schedule

8/7	H	Scrim- Liberty Union
8/11	A	Scrim- West Musk.
8/17	H	Scrim- Col. Briggs
8/24	A	Amanda-Clearcreek
8/31	H	Landmark Christian
9/7	A	Bloom Carrol
9/14	H	Northridge
9/21	A	Heath
9/28	H	Licking Valley
10/5	A	Licking Heights
10/12	H	Granville
10/19	A	Watkins Memorial
10/26	H	Utica

**Elite  
Mental  
Toughness**

### TOUCHDOWN CLUB LOOKING FOR MEMBERS



The Lakewood Football Touchdown Club is looking for community members, staff, alumni or parents to support the football program.

The mission of the Touchdown Club will be to support Lakewood's present & future football programs by providing community involvement and program enhancement from the youth league up to the high school level.

Beside providing support for academic incentive trips, equipment /uniform resources and annual team camps, the group will also provide an annual scholarship for any Lancer football player who wishes to continue their education at the college level.

Additionally, our goal is to support and be actively involved in meetings and activities with the Lakewood Athletics Boosters.

We are currently looking for both members and those interested in holding a leadership position within the organization. Meetings are held on the **first Wednesday of every month at 5:00, prior to the Booster Meeting.**

Members who are actively involved in the club can earn extra benefits. These include Varsity home or League passes, local discounts, exclusive T.D. Club apparel and other benefits.

#### T.D. Club Activities

- Yearly Fundraiser*
- Monthly Meetings*
- "Midnight Madness"*
- Lancerfest Festival*
- Summer Team Retreat*
- Team Meals*
- Merchant Night*
- Senior Day Event*
- End of Year Banquet*

Please contact President **Tim Luden at [Tim-Luden@thayerpc.com](mailto:Tim-Luden@thayerpc.com)** if interested in more information, become a member or apply for an officer position.

At this time Coach Lee and his staff are looking for those who passionately share the vision of providing the resources needed for a program that the community can proud of.

### LANCERS TO PLAY IN SUMMER ALL-STAR GAME



Two current Seniors will represent Lakewood this summer in the **36th Annual Licking County vs. Muskingum County All-Star game.** The game will be held at Whites Field on June 22nd. Licking

County will be coached by **Licking Valleys Randy Baughman** and his staff.

Seniors, **Tristan Warthman & David Hunt** were selected from a list of nominations submitted.

**Warthman** was a **1st team All-LCL**, and **Honorable Mention All-Ohio** selection that led the area in

receptions with **41** and totaled over **1,000** yards of all purpose yards on offense.

**David Hunt** had is season cut short in the 2nd scrimmage of the year with a broken ankle. The transfer from Big Walnut, rushed for **1,200** yards & **14** touchdowns his Jr. year, averaging **6.6** yards a carry for the Eagles.

## FOOTBALL MULCH SALE FUNDRAISER



**Absolute Black**



**Absolute Red**



**Hardwood**

Lakewood Football is currently holding their annual Mulch sale. This year the football team is working with **Ohio Mulch** and have three different types of mulch to choose from.

**Absolute Black, Absolute Red & Hardwood Mulch**

are available to purchase at **\$5.00 a bag**. Each bag is **2 cubic feet long** and price includes delivery and placement of bags at your residence.

All three types are double shredded color enhanced mulch, guaranteed to last longer.

All orders need to be placed by **April 10th** and delivery will be the weekend of **April 21st and 22nd**. If you still need a order form please pick one up at the High School office , see a team member or contact me at [jlee@laca.org](mailto:jlee@laca.org). Checks can be payable to Lakewood Football.

### Lakewood Alma Mater

*As voices ring out bright  
with cheer*

*We hear our Lakewood  
loud and clear*

*We feel the peoples'  
unity*

*Their shouts express  
their loyalty*

*As time rolls on in  
golden haze*

*We'll remember high  
school days*

*We will try to do our best*

*For our dear old L. H. S.*

## DANE BLACK T-SHIRT BENEFIT



Junior Offensive and Defensive lineman Dane Black was recently diagnosed with Sar-

coma cancer.

To help with his fight, the football program will be selling T-Shirts to raise money to support Dane & his family.

The T-Shirts are blue with a cancer ribbon, Danes football number 63 in the background and the phrase Lancer Strong on the front with Beat Sarcoma on his number.

Order forms are placed in all school offices in the district and can be filled out and placed in Coach Lee's mailbox in the High School office.

Both Youth & Adult sizes will be available. T-Shirts will be **\$12.00** for sizes Small-XL. XXL will be **\$14.00** and sizes XXXL & up will be **\$16.00**. Orders will be taken until the end of the school year.

If you have any questions about the t-shirts please e-mail Coach Lee at [jlee@laca.org](mailto:jlee@laca.org).

## HUNT TAKES 2ND PLACE AT STATE MEET



Following a 3rd place finish at Danville in February, Senior David Hunt took 2nd place in the 250lb weight class at the **31st Annual State Powerlifting meet** held at Kenton High School.

Hunt who weighed in at 228lbs, totaled **1,220lbs**

and finished only 40lbs short of a State Title.

Hunt opened up the meet with a **470lb squat** that put him in 2nd place overall . Although he failed at an attempt of 300lb's on Bench, he still finished 2nd with a **285lb** successful lift on his second attempt .

Going into the Dead-Lift

competition Hunt was trailing the overall leader by 35lbs . He opened with a successful 440lb attempt and followed that with a 465lb pull.

Still down 35lbs going into his third attempt, Hunt attempted a **500lb deadlift** for the win and the State title, but was unable to complete the lift.

**MARCH ELITE OFF-SEASON LIFTERS**



**Strength**

For the month of March, we would like to recognize Freshmen **Zeb Mansker** and Freshmen **Colt Flowers** as our Lancer ELITE lifters of the month!

Zeb who ranks in the top five for off-season attendance has dramatically improved both his work-ethic towards strength training and his core lift max totals. Since Decem-

ber he has made the following increases: **Bench -55lbs, Squat -85lbs, Power Clean -20lbs and Deadlift -20lbs.**

Colt Flowers has demonstrated an improved confidence, attendance and improved strength numbers in the weight-room. He is arguably the best when it comes to form and technique as well.

Since December he has made the following increases: **Bench- 25lbs, Squat 70lbs, Deadlift-35lbs & Power Cleans-65lbs.**

Both of these individuals also rank in the Top Ten of our 10 week extra rep competition and made the OSU trip in February.

**COLLEGE SUMMER CAMP INFORMATION**



June 4- One Day Camp  
 June 11-One Day Camp  
 June 16- One Day Camp  
 June 18- D-II Day  
 June 21-One Day Camp  
 June 22-23-Big Man Camp  
 July 27-Showtime Camp  
 July 28-One Day Camp

June 9- QB/WR/DB /Big Man  
 June 12- Specialty Camp  
 June 2- Cin City Pride Camp  
 June 2-ELITE Showcase Camp  
 June 7- ELITE Showcase Camp  
 June 10-ELITE Showcase Camp  
 June 14-ELITE Showcase Camp  
 June 18-20-Youth Camp

June 4-5- Youth Camp  
 June 8- Position Camp  
 June 12- Position Camp  
 June 16- Position Camp  
 June 16-Specialists Camp  
**\* Please schedule all camps around summer Lancer football schedule. TEAM FIRST!**  
 Please see Coach Lee for camp brochures and info.

**COACHES SPOTLIGHT-COACH STROUSE**



Co-Defensive Coordinator  
**Greg Strouse**  
 has **over 16 years of football coaching experience.**

The Muskingum University graduate who also played for the Fighting Muskies has also coached at the collegiate level for Denison University. His Coaching experi-

ence includes Offensive Coordinator, Running Back, Defensive line and Secondary coach.

Included on his resume is 4 years as a wrestling coach and 22 years as a baseball coach.

In Baseball he has held positions as a high school head coach, hitting and infield coach as well

American Legion Head Coach.

As the Head Coach for Post 92 American Legion baseball team, he led them to back to back 3rd place finishes in the State Championship Tournament.

Coach Strouse is also works locally in Investments ,as a Vice President / Sr. Portfolio Manger.

**LANCER FIGHT SONG**

*On ye Lancers, On ye Lancers*

*On to victory*

*Show your spirit, show your courage*

*Show your loyalty*

*On ye Lancers, On ye Lancers*

*Fight with all your might*

*We're behind you all the way*

*So fight, fight, fight!*

**Lakewood High School Football**

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Check us out on Twitter.....  
@CoachLeeLW



**EMT**

Touchdown Club Lottery Raffle is a year around fund-raiser for the Touchdown Club.

For **\$20.00**, you receive a 3 digit number that corresponds with the daily three evening drawing sponsored by the Ohio Lottery. If you number is a winner you will be contacted by a member of the club.

Daily winners will win **\$20.00**. On the second Saturday of each month the winning number drawn will receive **\$100.00**.

Holiday drawing winners will receive the following:

- Halloween- \$125.00
- Thanksgiving- \$500.00
- Christmas Eve- \$1,000.00
- New Years Eve- \$500.00
- Valentines Day- \$125.00
- Easter - \$200.00
- Memorial Day- \$100.00
- July 4th- \$250.00
- Labor Day- \$200.00

## Lancer Football Touchdown Club



The Lancer Touchdown Club will begin it's first year of existence under the direction of President Tim Luden. The mission of the Touchdown Club will be to support Lakewood's present & future football programs by providing community involvement and program enhancement from the youth league up to the high school level.

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### TOUCHDOWN CLUB LOTTERY WINNERS

Date	Number	Amount	Name
3/01/2018	814	\$20.00	N/A
3/02/2018	008	\$20.00	N/A
3/03/2018	289	\$20.00	N/A
3/05/2018	007	\$20.00	N/A
3/06/2018	293	\$20.00	Frank Sniadach
3/07/2018	008	\$20.00	N/A
3/08/2018	470	\$20.00	N/A
3/09/2018	351	\$20.00	Randy Carpenter
3/10/2018	729	\$100.00	Matt Luden
3/12/2018	453	\$20.00	N/A
3/13/2018	362	\$20.00	N/A
3/14/2018	281	\$20.00	N/A
3/15/2018	973	\$20.00	N/A
3/16/2018	222	\$20.00	Shawn Bittengle
3/17/2018	629	\$20.00	Tracy Diamond
3/19/2018	996	\$20.00	Tim Ryan
3/20/2018	398	\$20.00	N/A
3/21/2018	421	\$20.00	Herman Farson
3/22/2018	759	\$20.00	N/A
3/23/2018	224	\$20.00	N/A
3/24/2018	495	\$20.00	N/A
3/26/2018	452	\$20.00	N/A
3/27/2018	477	\$20.00	N/A
3/28/2018	932	\$20.00	N/A
3/29/2018	670	\$20.00	N/A
3/30/2018	184	\$20.00	N/A
3/31/2018	457	\$20.00	N/A