



# LANCER

## FOOTBALL MONTHLY

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### 2018 Football Schedule

8/7	H	Scrim- Liberty Union
8/11	A	Scrim- West Musk.
8/17	H	Scrim- Col. Briggs
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8/24	A	Amanda-Clearcreek
8/31	H	Landmark Christian
9/7	A	Bloom Carrol
9/14	H	Northridge
9/21	A	Heath
9/28	H	Licking Valley
10/5	A	Licking Heights
10/12	H	Granville
10/19	A	Watkins Memorial
10/26	H	Utica

**Elite**  
**Mental**  
**Toughness**

### LAKEWOOD VISITS OHIO STATE FOOTBALL



Eighteen members of the Lakewood football program visited Ohio State football and the facility's on February 16th. Players were selected based on weight-room attendance if they were not in a winter sport or if they made the Honor Roll or Principal list for the 2nd grading period while a member of a winter sports team.

Players were given a tour of the Woody Hayes center by Coach Terwilliger that included a video presentation and tours of the fieldhouse, weight-room and player cafeteria/lounge. Upon the completion of the tour players were treated to lunch at **Roosters**, sponsored by the **Touchdown Club**.

The next C.H.A.M.P (Continually Helping Students Make Progress) incentive trip will be a trip to visit the **Football Hall of Fame** & a ticket for the **North/South All-Star football game on April 28th**. To be selected for this next trip, non spring sport participants must have top attendance for your class in the weight-room and have 100% turn in of your weekly ELITE checks for the 4th grading period. To qualify as a spring sport participant, you must have 100% turn in of your weekly ELITE checks for the 4th grading period and be in good standing in your spring sport. All ELITE checks must have scores of 4 or higher and your final grade checks must be C's or above.

### LANCERS ADD LANDMARK & LIBERTY UNION



The schedule for the 2018 football season has been tentatively finalized as one new opponent has been added to both the scrimmage and game schedule.

To open up the scrimmage season, Lakewood will entertain **Liberty Union High School** on August 7th at home. The Lancers will then travel to **West Muskingum** on August 11th before finishing up with **Columbus Briggs** on August 17th.

New to the Lancers game

schedule will be **Landmark Christian Academy Eagles** out of the Cincinnati area. This will be a one year contract without a return trip to Cincinnati in 2019.

The Eagles finished the 2017 campaign with a 6-3 record overall and a 3-1 conference record. Kick-off will be slated for 7:30 p.m.

## LANCER FOOTBALL COMPETES AT DANVILLE POWERLIFTING MEET



Eleven Lancer football program members participated in the 25th Annual Danville powerlifting meet that was held on February 17th. The meet has athletes compete in three lifts that include Bench Press, Squat and Deadlift.

For the meet, the team totaled **7,940 lbs.** and had **five** weightlifters walk away with weight class awards.

In the Middle School division 8th grade football player **Mark Waters** took home a third place finish with a total of 555lbs. Classmate **Eli Dornbirer** finished first in weight class with a total of 625lbs.

In the Lightweight High School division, Freshmen **Jacob Gleckler** took home a sixth place finish with a total of 460 lbs. The middle-weight division saw **Jr. Jacob Maynard** placed fourth with a total of 955lbs. Which included a 400lb deadlift.

Senior **David Hunt** returned from a season ending injury during the football season to place 3rd in the 225lb. division with a total of 1,120lbs. David also had the top squat in his division of 430lbs.

The team members will next compete at the State meet on March 10th at Kenton High School.

### Lakewood Alma Mater

*As voices ring out bright  
with cheer*

*We hear our Lakewood  
loud and clear*

*We feel the peoples'  
unity*

*Their shouts express  
their loyalty*

*As time rolls on in  
golden haze*

*We'll remember high  
school days*

*We will try to do our best*

*For our dear old L. H. S.*

## FEBRUARY ELITE LIFTERS OF THE MONTH

Each month Coach Lee, selects a player or players that have excelled during football conditioning.

Players recognized will receive a Lancer Strength T-shirt for their hard work.

This months recipients include **Senior Ryan Gay & 8th grade future Lancer Mark Waters!**

Letter-winner Ryan Gay



is one of five current gold members on the accountability charts. Ryan has made **36** sessions of football during the winter and has improved dramatically in his core lifts. He has

increased 40 lbs. on his squat, 35lbs. on his bench & 70 lbs. on his dead-lift!

**Mark Waters**, grade 8 is another member of our Gold group. He has been in **37** sessions of football. He also attended the powerlifting meet in Danville and placed 6th in his Jr. High weight class.

## SPONSORS NEEDED FOR MAY LIFT-A-THON



Local sponsors are needed for the first annual Lakewood

Football Lift-a-Thon that will take place on **Friday May 25th.**

The Lift-A-Thon serves two purposes for the program that includes fundraising

and testing our athletes prior to summer workouts.

Players will be tested on three lifts (**Dead-Lift, Bench Press & Squat**).

Each player will be responsible for collecting individual pledges and event sponsors where applicable. A **pledge can sponsor a lifter per pound** and sponsors can donate

at three different levels **Blue (\$300), Red (\$200) & White (\$100)**. Sponsors will have their logo and name at the weightlifting stations, in the program event and on the awards.

Blue sponsorships will also be given a mini Lancer helmet with event sponsor and new logo represented on the helmet.

## LANCERS 2001 PLAY-OFF BIRTH SEASON



In 2001 the Lakewood Lancer football team accomplished something that had never been done before in school history. That year the Lancers made the OHSAA

Division III pay-offs.

The 2001 season started the year with three straight home wins. In week one, they defeated a strong Heath team 13-6 in a very competitive game. Heath would go on and finish 8-2 on the season and finished 11th in their region.

The following two-weeks brought victory's over Teays Valley (2-8) and Watkins Memorial (0-10) by a combined score of 42-9.

Week four found Lakewood traveling on the road for the first time would to take on crosstown rival Newark Catholic where the Lancers would suffer their first loss of the

season 40-0.

The following two weeks brought games on the road with two Columbus foes. Lancers would go 1-1 with a win against traditional power Bishop Hartley (5-5) 33-6 and a loss to Bexley (5-5) 31-34.

Standing at 4-2, Lakewood would win three straight by defeating London (1-9) 34-6, Whitehall (5-5) 17-14, and Miami Trace (4-6) 27-7 to move to 7-2 on the year.

Week 10 brought the most difficult contest to date with undefeated Licking Valley, the Lancers hung tough but fell 16-0. The Panthers would go on to a 14-1 season and trip to the State title game.

With a 7-3 record the Lancers finished 7th in Region 11 and qualified for the Division III play-offs where they fell to #2 ranked John Glenn (10-3) 21-3.

## 4TH GRADING PERIOD ELITE CHECKS



Starting the 4th grading period, all current & potential football

players will be required to turn in a weekly ELITE check.

ELITE checks will be conducted weekly until the conclusion of the 4th grading period. Students will be required to turn in the ELITE

checks every Friday to the coaching staff for review.

Each ELITE check will include a space for a teacher to put a current grade, a section to score classroom behavior (1-5) for behavior and comments.

The ELITE checks are part of coach Lee's **C.H.A.M.P.** (Continually Helping Athletes Make Progress) program to ensure academic

support and eligibility. Any student found struggling will be assigned a peer tutor for assistance that will take place after school in place of football workouts.

The next **C.H.A.M.P.** trip to the Pro-Football Hall of Fame & North/South All-Star Game will have ELITE checks tied into the privilege of attending.

### LANCER FIGHT SONG

*On ye Lancers, On ye Lancers*

*On to victory*

*Show your spirit, show your courage*

*Show your loyalty*

*On ye Lancers, On ye Lancers*

*Fight with all your might*

*We're behind you all the way*

*So fight, fight, fight!*

## COACHES SPOTLIGHT-COACH HARMON



Coach Jim Harmon comes to Lakewood with a extensive playing and coaching experience.

Coach Harmon, who is the Lancers Co-Defensive Coordinator and running back coach graduated from **Lan-caster High School** where he

was a football standout.

After graduation, Coach Harmon played football collegiately at **Division I Marshal University** where he played Linebacker for the Thundering Herd before transferring to **Kent State University**.

After graduating from **Kent State University**, Coach Harmon worked as

a Police Officer for **the City of Columbus** before his recent retirement.

Since his retirement, Coach Harmon coached middle school basketball & football for four years. He also coached high school football at **Granville High School** for four years and Varsity Lacrosse for 5 years.



**Lakewood High School Football**

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Check us out on Twitter.....  
@CoachLeeLW



***EMT***

Touchdown Club Lottery Raffle is a year around fundraiser for the Touchdown Club.

For **\$20.00**, you receive a 3 digit number that corresponds with the daily three evening drawing sponsored by the Ohio Lottery. If you number is a winner you will be contacted by a member of the club.

Daily winners will win **\$20.00**. On the second Saturday of each month the winning number drawn will receive **\$100.00**.

Holiday drawing winners will receive the following:

- Halloween- \$125.00
- Thanksgiving- \$500.00
- Christmas Eve- \$1,000.00
- New Years Eve- \$500.00
- Valentines Day- \$125.00
- Easter - \$200.00
- Memorial Day- \$100.00
- July 4th- \$250.00
- Labor Day- \$200.00

**Lancer Football Touchdown Club**



The Lancer Touchdown Club will begin it's first year of existence under the direction of President Tim Luden. The mission of the Touchdown Club will be to support Lakewood's present & future football programs by providing community involvement and program enhancement from the youth league up to the high school level.

Along with providing support for academic incentive trips, equipment / uniform resources and annual team camps, the group will also provide an annual scholarship for any Lancer football player who wishes to continue their education at the college level . Additionally, our goal is to support and be actively involved in meetings and activities with the Lakewood Athletics Boosters.

Currently the club is looking for community members, parents, alumni or Lakewood staff that would like to be part of this group. Please contact Tim Luden at [Tim-Luden@thayerpc.com](mailto:Tim-Luden@thayerpc.com) if interested in more information or to become a member. Meetings are held on the first Wednesday of every month prior to the Booster meeting at 5:00 in the high School library. March's meeting will be 03/07/2018.

**TOUCHDOWN CLUB LOTTERY WINNERS**

Date	Number	Amount	Name
2/1/18	365	\$20.00	N/A
2/2/18	581	\$20.00	N/A
2/3/18	441	\$20.00	N/A
2/5/18	970	\$20.00	N/A
2/6/18	643	\$20.00	N/A
2/7/18	856	\$20.00	N/A
2/8/18	074	\$20.00	N/A
2/9/18	061	\$20.00	Brandy Moody
2/10/18	254	\$20.00	N/A
2/12/18	611	\$20.00	N/A
2/13/18	834	\$20.00	Kevin Vierstra
2/14/18	871	\$125.00	N/A
2/15/18	135	\$20.00	Jason Bowers
2/16/18	274	\$20.00	N/A
2/17/18	328	\$20.00	Kent Davis
2/19/18	294	\$20.00	Kevin Keyes
2/20/18	767	\$20.00	Sylvia Yocum
2/21/18	924	\$20.00	N/A
2/22/18	098	\$20.00	N/A
2/23/18	812	\$20.00	N/A
2/24/18	748	\$20.00	N/A
2/26/18	266	\$20.00	N/A
2/27/18	937	\$20.00	N/A
2/28/18	005	\$20.00	N/A