



# LANCER

## FOOTBALL MONTHLY

**Inside December 2019**  
**Volume 3 Issue 15**

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### 2020 Football Schedule

- 8/14 A Scrim- West Musk.
- 8/18 H Scrim- Liberty Union
- 8/21 H Scrim- Crooksville

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- 8/28 A Mt. Gilead
- 9/4 H TBA
- 9/11 A Fairfield Union
- 9/18 H TBA
- 9/25 H Licking Valley
- 10/02 A Heath
- 10/09 H Northridge
- 10/16 H Newark Catholic
- 10/23 A Johnstown
- 10/30 H Utica



## CHAMPIONSHIP LESSONS- DABO SWINNEY



We all may not be a Clemson fan. But Dabo's leadership insights, lessons, & principles are hard to overlook when building an ELITE program.

**Think Big-** After Dabo was named the coach of Clemson in 2008 he had a meeting with the Board of Trustees. One of the Trustees said, "We want to create a program like some of the other great programs in the country". Dabo replied, "Sir I appreciate your vision but mine is much bigger than that. My vision is to create a program where they want to be like us."

**Success Takes Time-** Yes, Dabo & Clemson won a title in 2016 but they lost 15 of his first 34 games and went 6-7 in 2010. Dabo thought he was going to be fired but the Athletic Director at the time, Terry Phillips shared his continued belief in him.

After that they won 10 games every year. Success may take time. Trust, Work, Improve, Grow.

**Don't Stop Believing** -With every setback failure & loss over the years Dabo would say "God doesn't say oops. God doesn't make mistakes. There is a bigger plan." Dabo calls himself an over believer. He never stopped believing & kept sharing his belief with his team & They reaped a harvest.

**Look Inside, Not Outside-** Dabo continuously reminds his players to look inside into their heart, soul, spirit & passion instead of worrying about what the media, fans, & outside world thinks. He said, "I've told my players to let the light inside them always be brighter than the light that's shining on them".

**Love & Accountability-** are Key- Dabo says "If you have love without accountability, you'll be a loving family but not a great team. Accountability without love leads to disengagement,

burn-out and dysfunction." You need both in your culture.

**Live & Reinforce Your Values-** "If I don't live & reinforce our values then what does it say to our players, staff, university & fans. If we are going to win we will win the right way".

**Build a Great Team-** No one creates success alone. We all need a great team around us. It's a lesson for every team in business, education & Sports. Recruit great talent, develop them. Attract the best from the outside. Develop your best on the inside.

**It's Not about the Trophy-** Dabo encourages them to be great husbands & fathers. "Trophies will not define us ever. We will be defined by our culture & how we invest in our young men & teach them to love, serve & care."

## LANCERS GIVE BACK FOR THE HOLIDAYS



For a third year in a row, returning members of the Lancer football teamed up with the Salvation Army this holiday season to work the Red Kettle campaign.

Players were at the Hebron Kroger on Tuesdays through Thursdays from 6-8 p.m. for

two weeks in December. Individuals signed up and worked one hour shift or two hour shifts with a team member.

During the shift, players wearing their jersey's worked the kettle, met with the community and wished everyone Merry Christmas!

According to the Salvation Army, the Lakewood Football players were a big success! Contributions totaled **\$637.95** during their time!

Top producing night went to **Jake Cassidy and Mark Waters** who worked December 18th. They brought in **\$154.18** that evening. Thanks to all our young men who worked shifts!

## DECEMBER PROGRAM UPDATE



The Lancer football program has been very busy since their 41-14 victory over Utica and the mandatory OHSAA 30 day dead period.

On December 4th Coach Lee held a team meeting for anyone in grades 9-11 interested in playing football next year.

The following day, Coach Lee had a middle school meeting for 8th graders interested in playing at the High School level.

A total of **70** players combined for the two meetings showed up to get information and hear about the expectations for the upcoming off-season.

To date over **40** players have shown additional interest by attending football workouts.

Workouts are held on **Monday, Wednesday & Thursday, 5:30-7:00 a.m.** session or the **2:30- 4:00 p.m.** session.

**Saturdays (10:00-11:30)** are a skilled specific plyometric, agility and speed training session.

To date, football workouts participation is **up 22%** compared to December 2018.

Decembers ELITE Commitment players of the month are **Ryan Ogilbee** (Grades 9-11) and **Jeremiah Loudermilk** (Grade 8).

Ogilbee is **+7** in workouts attended and Loudermilk has made over **93%** of the workouts, which is top for all 8th grade players.

If you know anyone interested please have them see Coach Lee for information.

### Lakewood Alma Mater

*As voices ring out bright  
with cheer*

*We hear our Lakewood  
loud and clear*

*We feel the peoples'  
unity*

*Their shouts express  
their loyalty*

*As time rolls on in  
golden haze*

*We'll remember high  
school days*

*We will try to do our best*

*For our dear old L. H. S.*

## LANCERS RECEIVE ADDITIONAL HONORS



Several Lancers continued to be recognized for their gridiron efforts during the 2019 season.

Senior QB **Connor Vierstra** picked up **1st team Newark All -Advocate Team, Special Mention Dispatch All-Metro team & Special Mention Division IV All-Ohio team.**

Connor is the 2nd Lancer in the past two years to receive All-Ohio Status.

Vierstra also was selected by LCL Buckeye Division as the winning nomination for the prestigious Ernie Godfrey Award to be presented in February.

Seniors **Connor Roesink & Noah Sniadach** were selected **2nd Team Newark All Advocate Team.**

Juniors, **Colt Vierstra and Zeb Mansker** received **Honorable mention Newark All-Advocate Team.**

2019 produced more All League, District and Regions selections than the previous two seasons combined!

This included **8 All-LCL** selections, **4 All District** selections and **9 All Region 11 selections.**

## NOVEMBER FUNDRAISER SUCCESS



In November the football program sold 100 football squares for the Ohio State / Michigan game.

Each square was sold for \$20.00 with \$10.00 for each square going towards the football program.

Pay-outs for winning squares

included: \$100—1st Qtr. \$200— 2nd Qtr. \$300—3rd Qtr. & \$400— 4th Qtr.

We would like to thank everyone that purchased a square and supported Lakewood Football!

Winners include: Jeff & Christine \$100, John Harris \$200, Doyle Pertuset \$300, and Peppy Dunn \$400.

Special thanks goes to

**John Harris** who donated \$100 of his \$200 back to the program and **Doyle Pertuset** who donated all \$300 of his winnings back to the program.

Fundraisers such as the football square polls support the High School program in various ways including: Team Spirit Packs, Uniforms, Annual Retreat and Storied Rival expenses, etc.

# LANCER HISTORY- 1966 FOOTBALL TEAM



In 1966 the Lakewood Lancer football team finished the year with a 8-1 record and were crowned LCL Champions. Led by Head Coach Ben Buckles, the Lancers opened up the year with a 38-0 shut-out of Licking Valley and rolled to a 5-0 start!

In week six the Lancers fell to Granville 6-30 for their only defeat of the season. For the season the Lancers averaged 24.8 points a game

while only giving up 10.4 a game defensively. Besides Licking Valley, there were two other shut outs over Northridge (14-0) and Johnstown (12-0).

Victories also included big wins over Heath (56-8) and New Lexington (38-8). Two other contests went down to the wire with Lakewood prevailing over Watkins Memorial (24-22) and Licking Heights (14-8).

All League selections from that year included Mike Rehl and Mike Steinman. Coach Buckles would finish as one of the most successful coaches in Lakewood History winning nearly 70% of his games. Coaching from 1965-1967 he accumulated a 18-6-2 overall record.

## Lancers 2020 Football Calendar Fundraiser



As we ring in the new year, many will be looking for a new 2020 Calendar! Look no further than Lakewood Football, as the team are currently selling them for \$20.00.

The calendars are **11x17 folded** with 12 glossy colored photos of the 2019 season. Photos are professionally done by Teresa Smith's S & F photography.

Business's can advertise in the calendar for a cost of **\$50.00**. Business card information with the company's logo will be displayed.

For every calendar sold, **\$10.00** will go to the football program to support activities such as the annual ELITE football retreat, Storied Rival media coverage, uniforms and other program resources to attract and obtain new players.

To purchase a calendar, please see a Coach Lee and Coach Poulcott or any football player.

Pre-orders are being taken through **January 6th, 2020**. We will pre-print 100 calendars and continue printing until all orders are filled.

Calendars will be delivered and or picked up on **January 17th, 2020**.

### LANCER FIGHT SONG

*On ye Lancers, On ye Lancers*

*On to victory*

*Show your spirit, show your courage*

*Show your loyalty*

*On ye Lancers, On ye Lancers*

*Fight with all your might*

*We're behind you all the way*

*So fight, fight, fight!*

## WINTER WEATHER CANCELATIONS



The winter months in Ohio are very unpredictable & because of that please note that we will make some changes to our lifting schedule when needed.

When there is a **two-hour delay** for the Lakewood School District, the **morning**

**lifting session is cancelled.** If there is an **early release** from school, the afternoon **lifting session is cancelled.**

Any time **school is cancelled** because of weather related issues. **All football activities for that day are cancelled as well.** Additionally, any **Level One**

**Snow Emergency** that occurs prior to the 10:00 a.m. -11:30m. on Saturday will result in **cancellation of Saturday workouts.**

Please keep in mind, many of these weather related decisions could be made late. If you have any concerns, or concerns please contact Coach Lee.

Lakewood High School Football

9331 Lancer Road SE  
Hebron, Ohio 43025

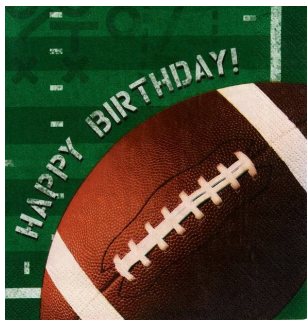
Phone: 740-928-4526  
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# FOOTBALL





December  
Lancer Birthdays



- Bryson Keyes Dec 4th
- Kaleb Hunt Dec 13th
- Matt Hill Dec 15th
- Mike Russell Dec 18th
- Carter Flowers Dec 30th



SUN	MON	TUE	WED	THU	FRI	SAT
			<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>
				Football Workouts 10:00-11:30		Football Workouts Defense 10:00-11:30
<b>05</b>	<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>	<b>11</b>
	Football Workouts 5:30-7:00 a.m. 2:30-4:15 p.m.		Football Workouts 5:30-7:00 a.m. 2:30-4:15 p.m.	Football Workouts 5:30-7:00 a.m. 2:30-4:15 p.m.	No School	Football Workouts Offense 10:00-11:30
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
	Football Workouts 5:30-7:00 a.m. 2:30-4:15 p.m.		Football Workouts 5:30-7:00 a.m. 2:30-4:15 p.m.	Football Workouts 5:30-7:00 a.m. 2:30-4:15 p.m.		Football Workouts Defense 10:00-11:30
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
	Off 		Football Workouts No A.M. 2:30-4:15 p.m.	Football Workouts 5:30-7:00 a.m. 2:30-4:15 p.m.		Football Workouts Offense 10:00-11:30
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
	Football Workouts 5:30-7:00 a.m. 2:30-4:15 p.m.		Football Workouts 5:30-7:00 a.m. 2:30-4:15 p.m.	Football Workouts 5:30-7:00 a.m. 2:30-4:15 p.m.		