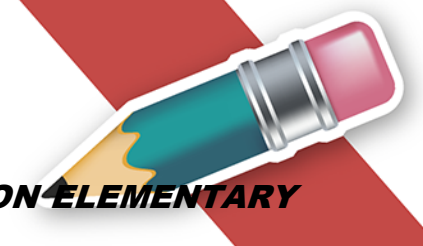


AUGUST | 2022

LAKESWOOD LOCAL SCHOOLS

JACKSON INTERMEDIATE AND HEBRON ELEMENTARY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Carroteenies offered daily as a second vegetable choice	2	3	4	5
8	9 WELCOME	10 BACK	11 LANCERS!!	12
15 STAFF PROFESSIONAL DEVELOPMENT DAY	16 STAFF PROFESSIONAL DEVELOPMENT DAY	17 STAFF PROFESSIONAL DEVELOPMENT DAY	18 #1 Turkey Wrap w/ Ranch #2 P.B. and Jelly Pocket Steamed Green Beans Fruit Milk	19 #1 Hamburger w/Cheese Slice #2 P.B. and Jelly Pocket Baked French Fries Fruit Rice Krispie Treat Milk
22 #1 Chicken Strips #2 P.B. and Jelly Pocket Baked Beans Fruit Milk	23 #1 Deli Sub #2 P.B. and Jelly Pocket Baked Tater Tots Fruit Cookie Milk	24 #1 Pizza #2 P.B. and Jelly Pocket Steamed Corn Fruit Milk	25 #1 Nachos and Cheese w/ Tortilla Chips #2 P.B. and Jelly Pocket Celery w/Ranch Fruit Milk	26 #1 Bosco Stix w/Marinara #2 P.B. and Jelly Pocket Steamed California Blend Fruit Milk
29 #1 Chicken Patty #2 P.B. and Jelly Pocket Baked French Fries Fruit Milk	30 #1 Soft Taco #2 P.B. and Jelly Pocket Refried Beans Fruit Cookie Milk	31 #1 Pizza #2 P.B. and Jelly Pocket Cucumbers W/ Ranch Fruit Milk	1 #1 Macaroni and Cheese #2 P.B. and Jelly Pocket Steamed Broccoli Fruit Milk	2 #1 Ham and Cheese Wrap w/Ranch #2 P.B. and Jelly Pocket Steamed Corn Fruit Milk

MEAL PRICES

Student Lunch-\$3.00

Adult Lunch-\$4.00

Student Breakfast-\$1.50

Adult Breakfast-\$2.00

Extra Milk-\$.50

BREAKFAST MENU

DAILY CHOICES MAY INCLUDE:

Eggo Pancakes/Waffles
Tony's Breakfast Pizza
Egg and Cheese Omelet/Toast
Assorted Kellogg Cereals
Whole Grain Pastries
Whole Grain Pop Tarts
Cereal Bars
Warm Breakfast Sandwiches
Cheese Stick
Yogurt Cup
Cocoa bar
Texas Toast

Fruit, Milk and Juice are offered with all breakfast entrees.

Students who eat breakfast are more likely to maintain a healthy weight and are able to concentrate better in class. Feed your body the right fuel to perform your best!!

ALL GRAINS SERVED ARE MADE FROM WHOLE GRAINS