



# FEBRUARY | 2019

JACKSON INTER MEDIATE AND HEBRON ELEMENTARY

**LAKWOOD LOCAL SCHOOLS** CHEF SALAD IS OFFERED AS A THIRD LUNCH CHOICE DAILY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>28</b> CARROTEENIES ARE OFFERED AS A SECOND VEGETABLE CHOICE DAILY</p>	<p><b>29</b> ALL GRAINS SERVED ARE MADE FROM WHOLE GRAIN</p>	<p><b>30</b> DOMINO'S SCHEDULE LHS-02-06-2018 LMS-02-13-2018 JACKSON-02-20-2018 HEBRON-02-27-2018</p>	<p><b>31</b></p>	<p><b>1</b> NO SCHOOL STAFF IN SERVICE</p>
<p><b>4</b> #1 Chicken Nuggets w/Dinner roll #2 P. B. and Jelly Pocket Baked Beans Fruit Milk</p>	<p><b>5</b> #1 Hot Ham and Cheese Sub #2 P. B. and Jelly Pocket Tossed Romaine salad Fruit Ice Cream Milk</p>	<p><b>6</b> #1 Pizza #2 P. B. and Jelly Pocket Steamed Corn Fruit Milk</p>	<p><b>7</b> #1 Hamburger w/ cheese slice #2 P. B. and Jelly Pocket Baked French Fries Fruit Milk</p>	<p><b>8</b> #1 Cheesy Boscos Marinara Sauce #2 P. B. and Jelly Pocket Steamed Green Beans Fruit Milk</p>
<p><b>11</b> #1 Popcorn Chicken Dinner Roll #2 P. B. and Jelly Pocket Mashed Potatoes Fruit Milk</p>	<p><b>12</b> #1 Mini Corn Dogs #2 P. B. and Jelly Pocket Refried Beans Fruit Milk</p>	<p><b>13</b> #1 Pizza #2 P. B. and Jelly Pocket Steamed Green Beans Fruit Milk</p>	<p><b>14</b> #1 Walking Taco #2 P. B. and Jelly Pocket Steamed Broccoli Fruit Valentine Cookie Milk</p>	<p><b>15</b> #1 Chicken Patty Sandwich #2 P. B. and Jelly Pocket Baked French Fries Fruit Milk</p>
<p><b>18</b> NO SCHOOL</p>	<p><b>19</b> #1 Pizza Casserole w/ Breadstick #2 BBQ Grilled Chicken Sandwich Tossed Romaine Salad Fruit Milk</p>	<p><b>20</b> #1 Pizza #2 P. B. and Jelly Pocket Carrroteenies w/ Ranch Fruit Milk</p>	<p><b>21</b> #1 Eggo Mini Pancakes Sausage Links #2 P. B. and Jelly Pocket Tater Tots Fruit Milk</p>	<p><b>22</b> #1 Grilled Cheese Sandwich #2 P. B. and Jelly Pocket Tomato Soup Celery Fruit Milk</p>
<p><b>25</b> #1 Chicken Strips w/Dinner Roll #2 P. B. and Jelly Pocket Steamed Broccoli Fruit Milk</p>	<p><b>26</b> #1 Hot Dog #2 P. B. and Jelly Pocket Baked Beans Fruit Milk</p>	<p><b>27</b> #1 Pizza #2 P. B. and Jelly Pocket Steamed Green Beans Fruit Milk</p>	<p><b>28</b> #1 Hamburger w/ cheese slice #2 P. B. and Jelly Pocket Baked French Fries Fruit Milk</p>	<p><b>1</b> Menus are subject to change due to availability of foods or unplanned school CLOSINGS</p>

## MEAL PRICES

Student Lunch-\$2.85  
Adult Lunch-\$3.60  
Extra Milk-\$.50  
Student Breakfast-\$1.00  
Adult Breakfast-\$1.30

## BREAKFAST

*Monday- Poptarts or cereal with cheese stick*

*Tuesday- Breakfast Pizza or Cereal with goldfish crackers*

*Wednesday- Muffin with cheese stick or Cereal with Cheese stick*

*Thursday- Texas Toast or cereal with graham snacks*

*Friday- Frudel or Cereal w/ cheese stick*

Fruit, Milk and Juice are offered with all breakfast entrees.

Students who eat breakfast are more likely to maintain a healthy weight and are able to concentrate better in class.

Feed your body the right fuel to perform your best!!